

## **POST PROCEDURE CARE FOR LIPS**

Apply an ice pack or wet cloth 10-15 minutes at a time 2 times a day (but no more than 20 minutes) to the

treated area following the procedure until swelling subsides. You may use a washcloth dipped in ice water,

wrung out, or a ziplock bag of frozen peas. Never apply ice directly to treated area. Ice helps to reduce

swelling and aids the healing process. Some bruising may occur in some cases, but should last only a day or less.

**FOLLOW THESE INSTRUCTIONS FOR AT LEAST THREE DAYS**

· Keep the treated area moist for 4 full days following the procedure by continuing to apply **A & D ointment**

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Vaseline or **Aquaphor**, regularly, during the day, with a Q-tip. Remember, the ointment acts as a

“bandage” and keeps out dust, pollen and air. Clean area with cool water and mild antibacterial soap (Dial), and pat

dry before reapplying ointment.

· Do not expose treated area to sun or a tanning booth.

· Absolutely no Neosporin, no cleansing creams, makeup or chemicals may be applied to the pigmented, treated

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areas for the first 3 days.

- No hot, steamy, full pressure showers, saunas, excessive sweating, Jacuzzis or swimming in chlorinated pools.

These things can hinder the color bonding process.

- No Retin-A, bleaching creams, glycolic acids, fruit acids or AHA acids on the treated area.

- NOTE: After your procedure and after you are totally healed, DO NOT apply the Retin-A or fruit

Acids directly on the pigmented area. They will lighten and/or change the color of the permanent makeup.

These products are excellent for your skin, but be careful not to overlap them onto your permanent makeup. It

will also be important to use a waterproof sun block on the area to help protect your color.

- If crust appears on the procedure area, do not pick or peel the crust off because color will be removed along

with the crust. Do not touch the procedure area with fingers as the fingers could transmit bacteria onto the area

and lead to infection. This could ultimately incur some additional expenses to you.

- Avoid teeth whitening toothpaste for a few days.
- Lips will be dry for about a month following the procedure, as there are no oil glands in the lips.

### **REMEMBER:**

**There may be some itching. This is normal. DO NOT SCRATCH. The color will appear very exact, dark and intense for approx. 3-4 days. What appears to be too dark on your initial saturation visit, in most cases, will exfoliate, peel or slough off in approximately 1 week. Do not be alarmed by fading after the application. As healing progresses, the color will soften, then will change several times. This is normal, as lip tissue is spongy and hides color. See APROXIMATE HEALING SCHEDULE for more info.**